

# THE CLEAN MAMA Cleaning Routine



month:

1 2 3 4 5

MON

CLEAN BATHROOMS

COUNTERS  
CHECK FLOORS  
CLUTTER  
LAUNDRY

1 2 3 4 5

TUE

DUST HOUSE

COUNTERS  
CHECK FLOORS  
CLUTTER  
LAUNDRY

1 2 3 4 5

WED

VACUUM FLOORS

COUNTERS  
CHECK FLOORS  
CLUTTER  
LAUNDRY

1 2 3 4 5

THU

WASH FLOORS

COUNTERS  
CHECK FLOORS  
CLUTTER  
LAUNDRY

1 2 3 4 5

FRI

CATCH-ALL DAY

COUNTERS  
CHECK FLOORS  
CLUTTER  
LAUNDRY

1 2 3 4 5

SAT

SHEETS & TOWELS

COUNTERS  
CHECK FLOORS  
CLUTTER  
LAUNDRY

1 2 3 4 5

SUN

COUNTERS  
CHECK FLOORS  
CLUTTER  
LAUNDRY