

SIMPLY CLEAN *one-month declutter challenge*

DECLUTTER YOUR HOUSE IN ONE MONTH – SET A TIMER FOR 10-15 MINUTES/DAY AND WORK QUICKLY decluttering means different things for different people and situations – do what you can, when you can		✓
1	do a whole house quick declutter – move fast! aim for at least 3 bags of clutter	
2	remove clutter from floors – do a <i>quick</i> whole house sweep	
3	remove clutter from surfaces – do a <i>quick</i> whole house sweep	
4	sort any existing paper piles	
5	shred any unnecessary papers	
6	file paperwork – use a filing system if you don't have one – a simple in and out basket works	
7	start to sort mail daily	
8	declutter catalogs and magazines – go through your stack and recycle	
9	books – curate what you have and giveaway or donate what you are done with	
10	empty/declutter and clean refrigerator and freezer	
11	declutter food storage containers – keep containers that have matching parts and get used	
12	declutter kitchen counters – remove any items that aren't used weekly	
13	clean declutter small appliances – sell or donate items that aren't used	
14	declutter at least one or two kitchen drawers	
15	declutter at least one or two kitchen cupboards	
16	declutter under kitchen sink – get rid of anything you don't use	
17	declutter kitchen rags and towels	
18	declutter and clean laundry area	
19	catch up on laundry	
20	declutter bath + shower products	
21	declutter makeup and toiletries	
22	declutter and clean bathroom counters	
23	declutter at least one or two bathroom drawers	
24	declutter at least one or two bathroom cupboards	
25	put cleaning supplies in a bathroom cleaning caddy	
26	declutter linens and bedding	
27	declutter bath towels	
28	declutter shoes/shoe storage	
29	declutter bags and purses	
30	declutter toys – bedrooms and living areas	
31	quick sweep through the house – grab any items that you can donate or toss	