

SIMPLY SPRING CLEANING + DECLUTTERING CHALLENGE *checklist*

SPRING CLEANING TASKS traditional tasks to spring clean your home		DECLUTTERING TASKS do these alongside the spring cleaning tasks	
PREP	commit to spring cleaning – how + when will you do these tasks?		
	gather your supplies and get ready – cleaners, tools, checklist		
	set up a donate bin or basket and keep trash bags handy		
WHOLE HOUSE	dust corners, edges, ceilings, walls		declutter flat surfaces
	clean doors, door knobs, door frames		declutter floors
	clean light switches and switch plates		declutter shoes + boots
	vacuum and wipe baseboards		declutter outerwear
	deep clean/shampoo carpets		declutter homekeeping supplies
	vacuum/clean vents/change filters		declutter 10 minutes in basement or storage area
	dust/clean ceiling fans and light fixtures		tackle a paper pile for 5 minutes
	clean window blinds and/or window treatments		zero out email inbox
	wash windows and clean window casings		finish a small project you've put off
	clean washing machine, dryer, vent		declutter laundry area
LIVING AREAS	clean lamps and lampshades		declutter cabinets
	clean pillows and throw blankets		declutter music, games, etc.
	thorough dusting of all surfaces		declutter tables
	vacuum under furniture		declutter book shelves
KITCHEN	wash cupboard doors and drawers		declutter cupboard(s) + drawer(s)
	clean refrigerator + freezer (coils too)		declutter refrigerator
	clean oven, stove top, microwave, and dishwasher		declutter freezer
	clean small appliances		declutter small appliances + tools
	deep clean sink and faucet		declutter under the kitchen sink
	wash hard surface floors		declutter kitchen towels
	clean pantry/food storage areas		declutter and toss any expired food
BATHROOMS	wash cupboard doors and drawers		declutter medicine cabinet
	wash bath mats, rugs, window treatments + shower curtains		declutter toiletries + makeup
	thorough cleaning of toilets, sinks, showers, and tubs		declutter towels
BEDROOMS	thorough dusting of all surfaces		declutter clothing
	fluff and/or launder pillows, bedding, and throw blankets		declutter under beds
	vacuum under beds		declutter sheets and linens